

THE MANUAL
of the
SOCIETY OF MARY
The American Region



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Dedication

The Society of Mary is dedicated to the glory of God, and in honor of the Holy Incarnation, under the invocation of Our Lady, Help of Christians.

Objects

The Society of Mary was founded as an Anglican Society with these objects:

1. To love and honor Mary.
2. To spread devotion to her in reparation for past neglect and misunderstanding, and in the cause of Christian unity.
3. To take Mary as a model in purity, personal relationships, and family life.

Membership

Members of the Society shall be members of the Holy Catholic Church who conform to her Discipline and Precepts, and who undertake to keep the Society's Rule of Life.

Members shall pay annual dues as may be set by the Council, or a one-time life subscription: see www.somamerica.org

Rule of Life

Members of the Society of Mary shall keep a Rule of Life which will include such special devotions as the Angelus, the Rosary, the Marian Anthems, and the Litany of Our Lady.

They will pray for departed members of the Society and offer the Holy Eucharist for them.

They will share in the celebration of the Holy Eucharist on principal feasts of Our Lady.

They will engage in corporate apostolic and pastoral work, according to opportunity, under the guidance of the local Ward Officers and the Regional Council.

Office of Admission Rite I

(A new member of the Society may be admitted formally by the Ward Superior, or by a Priest delegated by the American Region Superior or Chaplain, using the following form.)

✠ In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen.*

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil. *Amen.*

Hail Mary, full of grace,
the Lord is with thee.

Blessed art thou amongst women,
and blessed is the fruit of
thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners now, and
at the hour of our death. *Amen.*

Pray for us, O Holy Mother of God [Alleluia].

*That we may be made worthy of the promises of Christ
[Alleluia].*

Let us pray:

We beseech thee, O Lord, pour thy grace into our hearts; that, as we have known the Incarnation of thy Son Jesus Christ by the message of an Angel, so by his ✠ Cross and Passion we may be brought unto the glory of his Resurrection; through the same Christ our Lord. *Amen.*

(The Candidate kneels before the Priest.)

Do you desire to be admitted as a member of the Society of Mary?

I do.

Will you endeavor to keep the Rule and carry out the Objects of the Society?

I will, God being my helper.

[N.] I admit you as a member of the Society of Mary, in the Name of the Father, and of the Son, and of the Holy Ghost. *Amen.*

(Giving the Medal, he says)

Receive this Medal in token of your membership in the Society and see that by purity and holiness of life you prove yourself a worthy child of Mary.

(Once all the Medals have been given, he continues)

Pray for us, O Holy Mother, Help of Christians.
That we may be made worthy of the promises of Christ.

The Lord be with you.
And with thy spirit.

Let us pray:

O Almighty and merciful God, Who, in the Most Blessed Virgin Mary, hast wonderfully provided perpetual help for the defense of Christian people: mercifully grant unto this [these] thy servant[s], that, contending in life under the protection of such patronage, he [she, they] may, in the hour of death, be enabled to gain the victory over our malicious enemy; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Ghost, one God, world without end. *Amen.*

The Lord be with you.
And with thy spirit.

Let us bless the Lord [alleluia, alleluia].
Thanks be to God [alleluia, alleluia].

May Almighty God, the Father, the Son, and the Holy Ghost, through the merits and intercession of Blessed Mary, Our Lady, Help of Christians, ✠ grant unto you His heavenly grace that you may, after faithfully serving Him as a child of Mary upon earth, be found worthy to be numbered among his children in heaven. *Amen.*

(The new member[s] may be sprinkled with Holy Water.)

Short Office for Meetings Rite I

At the Opening

✠ In the Name of the Father, and of the Son, and of the Holy Ghost. *Amen.*

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of
thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now, and
at the hour of our death. Amen.

The Lord be with you.
And with thy spirit.

Let us pray:

O God, forasmuch as without thee we are not able to please thee: mercifully grant that thy Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who with thee and the same Spirit liveth and reigneth, one God, now and for ever. *Amen.*

At the Close

*Queen of the heavens, we hail thee,
Hail thee, Lady of all the Angels;
Thou the dawn, the door of morning
Whence the world's true light is risen:
Joy to thee, O Virgin glorious,
Beautiful beyond all other;
Hail and farewell, O most gracious,
Intercede for us alway to Jesus.*

(Then follows the Prayer of the Society)

Let us pray: O Lord Jesus Christ, who upon the Cross didst give us unto Thy Mother to be her children: we humbly beseech Thee to send down upon this Society the blessing and guidance of Thy Holy Spirit, that in all our works and conversation we may set forth her honor to Thy glory and the good of Thy Holy Church; who livest and reignest, God, world without end. *Amen.*

O Lord, hear our prayer:
And let our cry come unto Thee.

Let us bless the Lord.
Thanks be to God.

✠ May the souls of the departed members of the Society of Mary, and of all the faithful departed, rest in peace. *Amen.*

The Angelus Rite I

The Angel of the Lord announced unto Mary.

And she conceived by the Holy Ghost.

Hail Mary, full of grace,

the Lord is with thee.

Blessed art thou amongst women,

and blessed is the fruit

thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners now, and

at the hour of our death. Amen.

Behold, the handmaid of the Lord.

Be it unto me according to thy Word.

Hail Mary ...

And the Word was made flesh.

And dwelt among us.

Hail Mary ...

Pray for us, O Holy Mother of God:

*That we may be made worthy of the
promises of Christ.*

Let us pray:

We beseech Thee, O Lord, pour Thy grace into our hearts, that as we have known the Incarnation of Thy Son Jesus Christ by the message of an Angel, so by his ✠ Cross and Passion we may be brought unto the glory of his Resurrection; through the same Christ our Lord. *Amen.*

Regina Caeli Rite I

(Said during Easter Season)

*O Queen of heaven, be joyful, alleluia;
Because he whom so meetly thou barest, alleluia,
Hath arisen, as he promised, alleluia:
Pray for us to the Father, alleluia.*

Rejoice and be glad, O Virgin Mary, alleluia.
For the Lord is risen indeed, alleluia.

Let us pray:

O God, who, by the resurrection of thy Son Jesus Christ didst vouchsafe to give gladness unto the world: Grant, we beseech thee, that we, being holpen by the Virgin Mary, his Mother, may attain unto the joys of everlasting life. Through the same Christ our Lord. *Amen.*

*(Alternate version
May be sung to "Easter Hymn")*

*Joy to thee, O Queen of Heaven, Alleluia!
He whom thou wast meet to bear, Alleluia!
As he promised, hath arisen! Alleluia!
Pour for us to Him thy prayer. Alleluia!*

Rejoice and be glad ...

Office of Admission Rite II

(A new member of the Society may be admitted formally by the Ward Superior, or by a Priest delegated by the American Region Superior or Chaplain, using the following form.)

✠ In the Name of the Father, and of the Son, and of the Holy Spirit. *Amen.*

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins,
as we forgive those
who sin against us.

Save us from the time of trial,
and deliver us from evil. *Amen.*

Hail Mary, full of grace,
the Lord is with you.

Blessed are you among women,
and blessed is the fruit of
your womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners now, and
at the hour of our death. *Amen.*

Pray for us, O Holy Mother of God [Alleluia].

*That we may be made worthy of the promises of Christ
[Alleluia].*

Let us pray:

Pour your grace into our hearts, O Lord, that we who have known the Incarnation of your Son Jesus Christ, announced by an Angel to the Virgin Mary, may by his ✠ Cross and Passion be brought to the glory of his Resurrection; who lives and reigns with you and the Holy Spirit, one God, now and forever. *Amen.*

(The Candidate kneels before the Priest.)

Do you desire to be admitted as a member of the Society of Mary?

I do.

Will you endeavor to keep the Rule and carry out the Objects of the Society?

I will, the Lord being my helper.

[N.] I admit you as a member of the Society of Mary, in the Name of the Father, and of the Son, and of the Holy Spirit.
Amen.

(Giving the Medal, he says)

Receive this Medal in token of your membership in the Society and see that by purity and holiness of life you prove yourself a worthy child of Mary.

(Once all the Medals have been given, he continues)

Pray for us, O Holy Mother, Help of Christians.

That we may be made worthy of the promises of Christ.

The Lord be with you.

And also with you.

Let us pray: O Almighty and merciful God, Who, in the Most Blessed Virgin Mary, has wonderfully provided continual help for the defense of Christian people: mercifully grant to this [these] your servant[s], that, contending in life under the protection of such patronage, he [she, they] may, in the hour of death, be enabled to gain the victory over our enemy; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Lord be with you.

And also with you.

Let us bless the Lord [alleluia, alleluia].

Thanks be to God [alleluia, alleluia].

May Almighty God, the Father, the Son, and the Holy Spirit, through the intercession of Blessed Mary, Our Lady, Help of Christians, ✠ grant you His heavenly grace that you may, after faithfully serving God as a child of Mary upon earth, be found worthy to be numbered among his children in heaven. *Amen.*

(The new member[s] may be sprinkled with Holy Water.)

Short Office for Meetings Rite II

At the Opening

✠ In the Name of the Father, and of the Son, and of the Holy Spirit. *Amen.*

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins,
as we forgive those
who sin against us.

Save us from the time of trial,
and deliver us from evil. *Amen.*

Hail Mary, full of grace,
the Lord is with you.

Blessed are you among women,
and blessed is the fruit of
your womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners now, and
at the hour of our death. *Amen.*

The Lord be with you.
And also with you.

Let us pray:

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

At the Close

Queen of the heavens, we hail you,
Hail you Mother of our Redeemer;
You the dawn, the door of morning,
Whence the world's true Light has risen:
Joy to you, O Virgin glorious,
Beautiful beyond all others,
Hail and all hail, O most gracious,
Intercede for us always to Jesus.

(Then follows the Prayer of the Society)

Let us pray: O Lord Jesus Christ, who upon the Cross gave us to your Mother to be her children: send down upon this Society, we pray, the blessing and guidance of your Holy Spirit, that in all our works and words we may set forth her honor to your glory and the benefit of your Holy Church; who lives and reigns with the Father, and the Holy Spirit, one God, for ever and ever. *Amen.*

Lord, hear our prayer:
And let our cry come to you.

Let us bless the Lord.
Thanks be to God.

✠ May the souls of the departed members of the Society of Mary, and of all the faithful departed, rest in peace. *Amen.*

The Angelus Rite II

The Angel of the Lord announced to Mary.
And she conceived by the Holy Spirit.

Hail Mary, full of grace,
the Lord is with you.
Blessed are you among women,
and blessed is the fruit of
your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now, and
at the hour of our death. Amen.

Behold, the handmaid of the Lord.
Let it be to me according to your Word.

Hail Mary ...

And the Word was made flesh.
And dwelt among us.

Hail Mary ...

Pray for us, O Holy Mother of God:
*That we may be made worthy of the
promises of Christ.*

Let us pray:

Pour your grace into our hearts, O Lord, that we who have known the Incarnation of Thy Son Jesus Christ announced by an Angel to the Virgin Mary, may by his ✠ Cross and Passion be brought to the glory of his Resurrection; through Jesus Christ our Lord. *Amen.*

Regina Caeli Rite II

(Said in place of the Angelus during Easter Season)

*O Queen of heaven, be joyful, alleluia;
Because he who was born of your body, alleluia,
Has arisen as he promised, alleluia:
Pray for us to the Father, alleluia.*

Rejoice and be glad, O Virgin Mary, alleluia.
For the Lord is risen indeed, alleluia.

Let us pray:

O God, who, by the resurrection of your Son Jesus Christ gave gladness to the world: Grant, we pray, that aided by the prayers of the Virgin Mary, his Mother, we may attain the joys of everlasting life; through Jesus Christ our Lord. *Amen.*

THE MARIAN ANTHEMS

Alma Redemptoris Mater

(From Advent to Candlemas)

Gracious Mother of our Redeemer, for ever abiding Heaven's gateway, and star of ocean, O succor the people, who, though falling, strive to rise again. Thou Maiden who barest thy holy Creator, to the wonder of all nature; ever Virgin, after, as before thou receivedst that Ave from the mouth of Gabriel; have compassion on us sinners.

(From Advent Sunday)

The Angel of the Lord announced unto Mary.
And she conceived by the Holy Ghost.

Let us pray: We beseech thee, O Lord, pour thy grace into our hearts: that, as we have known the incarnation of thy Son Jesus Christ by the message of an angel, so by his ✠ cross and passion we may be brought unto the glory of his resurrection. Through the same Christ our Lord. Amen.

(From First Vespers of the Nativity)

After Childbearing, O Virgin, thou didst remain inviolate.
Intercede for us, O Mother of God.

Let us pray: O God, who by the fruitful virginity of Blessed Mary hast bestowed upon mankind the reward of eternal salvation: Grant, we beseech thee, that we may know the help of her intercession through whom we have been accounted worthy to receive the Author of our life, Jesus Christ thy Son our Lord. *Amen.*

Ave Regina Caelorum

(From Candlemas to Wednesday in Holy Week)

Queen of the heavens, we hail thee,
Hail thee, Lady of all the Angels;
Thou the dawn, the door of morning
Whence the world's true light is risen:
Joy to thee, O Virgin glorious,
Beautiful beyond all other;
Hail and farewell, O most gracious,
Intercede for us always to Jesus.

Vouchsafe that I may praise thee, O holy Virgin.
Give me strength against thine enemies.

Let us pray:

Grant us, O merciful God, protection in our weakness: that we
who celebrate the memory of the holy Mother of God may,
through the aid of her intercession, rise again from our sins.
Through the same Christ our Lord. Amen.

Regina Caeli

*(From Easter Day through the Saturday after Pentecost;
Found above on pages 9 and 16)*

Salve Regina

(From Trinity Sunday to Advent)

Hail, holy Queen, Mother of mercy; hail, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

Let us pray:

Almighty and everlasting God, who by the cooperation of the Holy Ghost, didst prepare the body and soul of the glorious Virgin Mother Mary to become a habitation meet for thy Son: Grant that as we rejoice in her commemoration, we may be delivered by her loving intercession from our present evils and from eternal death. Through the same Christ our Lord. *Amen.*

(The Marian Anthems are traditionally sung or said following the daily Offices of Lauds and Compline but may be recited at other times as desired or according to local custom.)

THE LITANY OF OUR LADY

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

O Christ hear us.
O Christ, graciously hear us.

God, the Father of heaven,
Have mercy upon us.
God, the Son, Redeemer of the world:
Have mercy upon us.
God, the Holy Ghost,
Have mercy upon us.
Holy Trinity, One God,
Have mercy upon us.

Holy Mary,
Holy Mother of God,
Holy Virgin of virgins,
Mother of Christ,
Mother of divine grace,
Mother most pure,
Mother most chaste,
Mother inviolate,
Mother undefiled,
Mother most amiable,
Mother most admirable,
Mother of good counsel,
Mother of our Creator,
Mother of our Savior,
Virgin most prudent,
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,

Pray for us. (repeat after each title.)

Vessel of honor,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of Heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of angels,
Queen of patriarchs,
Queen of prophets,
Queen of apostles,
Queen of martyrs,
Queen of confessors,
Queen of virgins,
Queen of all saints,
Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of peace.

O Lamb of God, that takest away the sins of the world,
Spare us, O Lord.

O Lamb of God, that takest away the sins of the world,
Graciously hear us, O Lord.

O Lamb of God, that takest away the sins of the world,
Have mercy upon us.

V. Pray for us, O holy Mother of God.

R. *That we may be made worthy of the promises of Christ.*

Let us pray:

Grant, O Lord God, we beseech Thee, that we Thy servants may rejoice in continual health of mind and body; and, through the glorious intercession of Blessed Mary ever Virgin, may be freed from present sorrow, and enjoy eternal gladness. Through Christ our Lord. *Amen.*

THE HOLY ROSARY

(Dominican Form)

Introduction

1. Holding the Crucifix, say “In the Name of the Father, and of the Son, and of the Holy Ghost,” making the sign of the Cross.
2. Still holding the Crucifix, recite *The Apostles Creed*.
3. Holding the first bead, say the *Our Father*.
4. On each of the next three beads, say the *Hail Mary*.
5. On the single bead following, say the *Glory be*.
6. The Fátima Prayer (*Optional*)
O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those most in need of Thy Mercy.

For each Mystery

1. Holding the medal, or the first bead of each decade, announce the Mystery to be contemplated. (Especially in group recitations, this may be followed by an appropriate Scripture reading, a short meditation, and / or a prayer intention.)
2. Still holding the medal or first bead, say the *Our Father*.
3. On each of the next ten beads, say the *Hail Mary*.
4. At the end of each decade, say the *Glory be* (and optionally the Fátima Prayer).

The Joyful Mysteries

1. The Annunciation (Luke 1:26-38)
2. The Visitation (Luke 1:39-45)
3. The Nativity (Luke 2:1-21)
4. The Presentation (Luke 2:22-40)
5. The Finding in the Temple (Luke 2:41-52)

The Sorrowful Mysteries

1. The Agony in the Garden (Luke 22:39-53)
2. The Scouring at the Pillar (Luke 22:54-65)
3. The Crowning with Thorns (John 19:1-16)
4. The Carrying of the Cross (Luke 23:26-32)
5. The Crucifixion (Luke 23:33-47)

The Glorious Mysteries

1. The Resurrection (Luke 24:1-12)
2. The Ascension (Acts 1:1-14)
3. Pentecost (Acts 2:1-12)
4. The Assumption of Our Lady (Revelation 12:1-6)
5. The Crowning of Our Lady (Revelation 19:6-9a)

The Luminous Mysteries (*Optional*)

1. The Baptism of the Lord (Matthew 3:13-17)
2. The Wedding Feast at Cana (John 2:1-11)
3. The Proclamation of the Kingdom of God (Mark 1:14-15)
4. The Transfiguration (Luke 9:28-36)
5. The Institution of the Eucharist (I Corinthians 11:23-26)

Concluding Prayers

Hail, holy Queen, Mother of mercy; hail, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Queen of the Most Holy Rosary, pray for us.

R. *That we may be made worthy of the promises of Christ.*

Let us pray: O God, whose Only-Begotten Son, by his Life, Death and Resurrection, hath purchased for us the rewards of eternal life: Grant we beseech Thee, that meditating on these mysteries of the most Holy Rosary, we may both imitate what they contain, and obtain what they promise, through the same Jesus Christ our Lord. *Amen.*

✠ In the Name of the Father, and of the Son, and of the Holy Ghost.
Amen.

PRINCIPAL FEASTS OF THE BLESSED VIRGIN MARY

8 December

The Immaculate Conception of the Blessed Virgin Mary (1)

2 February

The Purification of the Blessed Virgin Mary (2)

25 March

The Annunciation to the Blessed Virgin Mary

31 May

The Visitation of the Blessed Virgin Mary to Elizabeth

15 August

The Assumption of the Blessed Virgin Mary (3)

8 September

The Nativity of the Blessed Virgin Mary

21 November

The Presentation of the Blessed Virgin Mary

Notes:

(1) Kept in the Eastern Church on 9 December as the Conception of the Most Holy Theotokos

(2) Also known as The Presentation of our Lord in the Temple, and Candlemas

(3) Kept in the Eastern Church as the Dormition of the Theotokos, and in the Episcopal Church Calendar as the Feast of Saint Mary the Virgin



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